



Breakfast

A Choice from our Fresh Buffet to include:

- A Selection of Breakfast Cereals with Soy or Cow's Milk
- Muesli & Granola with Greek Yoghurt & Honey
- Croissants & Preserves
- A Selection of Fruit Flavoured Yoghurts
- Grilled Back Bacon
- G's Butchers Pork Sausage
- Vegetarian Sausage
- Hash Browns
- Grilled Fresh Tomatoes
- Baked Beans Fried Bread
- Sauté Button Mushrooms Black Pudding
- Poached, Fried or Scrambled Eggs made to Order
- Tea, Coffee, Apple & Orange Juice or Filtered Water (Barista Coffee Available)

Lunch

A Choice from our Fresh Buffet to include:

- Seared Chicken Breast with a Garlic & Herb Olive Oil dressing
- Rare Roast Lamb with Red Currant & Rosemary Gravy
- Grilled Lemon Sole with lemon butter
- (V) Butternut Squash, Spinach & Parmesan Risotto
- (V) Linguine with Lemon Olive Oil Spinach Tomato & Basil

Sides:

- Fried New Potato Chips, Rice "n" Peas,
- Green Beans, Broccoli, Fried Plantain

Salads:

- Garden Vegetable & Leaf Salad
- Roasted Beetroot Tomato & Goats Cheese Salad
- Lentil & Spinach Superfood Salad
- Panzanella Salad with Garlic crotons
- Spinach & Rocket with Parmesan
- Homemade Dressings & Oils

Desserts:

- Individual Cranberry & Pomegranate Ripple Mousse
- Fresh Fruit Salad
- A Selection of European Cheeses Crackers Grapes & Chutney
- Tea, Coffee, Filtered Water & Lime or Fruit Cordial

Afternoon tea

- A selection of freshly made Meat and Vegetarian sandwiches
- Freshly baked Cookies or Biscuits or Flapjack
- Fresh Baked Chocolate Cake with Chocolate Fudge icing
- Fresh Baked Carrot Cake with Orange Butter icing
- Fresh Whole Fruit Bowl



MALCOLM RYAN
STUDIOS

